

Medical Attention

If you have been assault and do not want to go to a SARC, you might still need medical attention.

College doctors, nurses, or regular General Practitioners (GPs) can be a place to start. A SARC or the A&E can be helpful, but the A&E cannot collect evidence.

The GUM clinic is a helpful place to go. They administer morning after pills, test for STIs and pregnancy, and dispense anti-retroviral drugs.

GUM Clinic
Churchill Hospital
Old Road
Headington, Oxford, OX3 7LE
01865 231231

Things to Remember

- Sexual abuse is never the survivor's fault. Never.
- Sexual abuse is always the perpetrators fault.
- Sexual abuse is about power and dominating another.
- Acquaintances, partners, and ex-partners make up 88% of sexual assault perpetrators.
- Accessing these services is your choice.
- These are options, you can choose to do them or not.
- An individual can request an interpreter for hearing or speech impairment or if English is not your first language.

University Resources

Counselling Service
Emergency appointments available.
reception@counserv.ox.ac.uk
01865 270300

Harassment Advisers
harassment.line@admin.ox.ac.uk
01865 270760

Nightline
16 Wellington Square
8pm-8am - term time
01865 270270

OUSU Student Advice Service
advice@ousu.org
01865 288466

College Resources

Senior Tutor
Tutor for Graduates
Tutor for Women
Tutor
Chaplain
Porter
Welfare Dean
Junior Dean
Harassment Adviser
Peer Supporter
College Doctor
College Nurse
Common Room Officer (Women's, Welfare, Equal Opportunities, LGBTQ)



2 Worcester Street
Oxford, OX1 2BX
01865 288 452
enquiries@ousu.org
www.ousu.org

Sexual Violence Incident Resource Guide

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Calling the Police

- Report to the police as soon as possible.
- You can request a female or male officer.
- You can have a friend accompany you.
- You can call the police and have them take you to a Sexual Assault Referral Centre (SARC) & not report or press charges.
- You can take breaks when reporting.
- Specially Trained Officers (STO) work specifically with sexual assault cases, there are 14 female STOs in the Thames Valley Police.

Thames Valley Police
Emergency - 999
Non-Emergency - 101

What does an STO Do?

- Record a preliminary statement of the incident.
- Collect preliminary evidence (urine sample, nail scrapings, mouth rinse, fingerprints).
- Take you to a Sexual Assault Referral Centre (SARC), 24/7.
- Stay with you through the SARC evidence collection.
- Drive you home, let you sleep, and in the morning they will call you and get a detailed account of the incident.
- Help you decide appropriate course of action.
- Answer any questions.
- Maintain contact with you through investigation and legal procedures.
- Discuss special measures for court, witness care
- Accompany you to pre-trial court familiarisation visit.
- Go with you to court, update on progress
- Signpost to external agencies.
- Assist with Criminal Injuries Compensation Claims.

Evidence Collection

- * Do not wash.
- * Do not brush your teeth.
- * Do not have a cigarette.
- * Do not eat or drink, esp alcohol.
- * Do not change your clothes (if so, keep them)
- * Try not to go to the toilet.
- * Do not clear up the area of the incident.
- ✓ Remember to take a change of clothes with you to the SARC if you can.
- ✓ You can request a female doctor for the examination.

Evidence Timeline

DNA on skin - up to 12 hours
Semen in mouth - up to 48 hours
Semen in anus - up to 3 days
Semen in vagina - up to 7 days
Semen on cervix - up to 10 days
Semen on clothes - years (if unwashed)

SARC

For women, men, & children. They can involve the police or not.

Solace Centre - Slough
Upton Hospital
Church Street Entrance
Slough, SL1 2BJ
sloughsarc@harmoni.co.uk
08455 197 638 (24-hrs)

Solace Centre- Bletchley
Buckingham Road
Bletchley
Milton Keynes, MK3 6TP
bletchleysarc@harmoni.co.uk
08455 197 638 (24-hrs)

Support Services

Broken Rainbow
National Support helpline for LGBT people.
0300 999 5428

Derbyshire Rape Crisis Centre
24/7 phone support for any gender.
01332 372 545

Gires
Information & Support for trans individuals
www.gires.org.uk
01372 801 556

Mankind
Support for male survivors of domestic abuse & violence
01823 334244

Oxford Sexual Abuse & Rape Crisis Centre
Phone, email, & group support for women survivors of sexual abuse.
01865 726295
M & Th: 6.30pm-9.00pm
F: 11.00am-2.00pm; Su: 6.00pm-8.30pm
email: support@osarcc.org.uk
groups: groups@osarcc.org.uk

RAINN
24/7 online chat helpline for sexual assault.
www.rainn.org

Rape Crisis England & Wales
UK helpline for females, any sexual abuse.
0808 802 9999
12.00pm-2.20pm & 7.00pm-9.30pm

SurvivorsUK
Support & information for male survivors of sexual abuse
0845 122 1201
information@survivorsuk.org.uk